Thank you for supporting our local independent business!

SALADS

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DELISH SALAD

Mixed leaves with tomatoes, avocado, Feta cheese, cucumber, red onion and toasted pine nuts & pumpkin seeds (V) 8.95 + Grilled halloumi 3.50 + Sliced turkey 3.95

+ Chicken 4.00 + Sliced ham 4.75 + Prawns 4.75

BUDDHA BOWL

Wholegrain rice, chickpeas, hummus, spinach, sliced avocado, dressed salad (v) 9.50 + Grilled halloumi 3.50 + Chicken 4.00 + Prawns 4.75

WALNUT, BLUE CHEESE & PEAR SALAD

Tossed in a homemade lemon, garlic, Dijon mustard & olive oil dressing 8.95 + Chicken 4.00 + Prawns 4.75 + Grilled halloumi 3.50

CAESAR SALAD

Crisp lettuce, crunchy Croutons, grated Parmesan cheese and a creamy garlic dressing & succulent pieces of chicken (v) 7.95 + Chicken 4.00

+ Prawns 4.75

'DELISH'OUSLY HOT

Se

Pea, Dorset Cider and mint
Isle of Wight tomato and basil
Cauliflower and Blue Vinny
Spicy chilli bean
Supergreen
(Watercress, Rocket and Spinach) (v)
Served with a slice
of bread & butter 7.50

HOMEMADE SOUPS

BEEF STEW

Served with a dumpling, mashed potatoes & green beans 13.95

HOMEMADE SHEPHERD'S PIE Served with green beans 13.95

MUSHROOM & SPINACH RAVIOLI

Served in a cream infused spinach, cheese & garlic butter sauce (v) 12.95

WATERCRESS PESTO & PINE NUT LINGUINE

Fresh linguine topped with grated Parmesan cheese (v) 11.50

LINGUINE BOLOGNAISE

Served with a slice of garlic bread 13.95

MEDITERRANEAN LINGUINE

Fresh pasta with slow roasted tomatoes, basil, garlic, olive oil, grated Parmesan cheese (v) 11.50 + Prawns 4.75

CHILLI CON CARNE

or

VEGAN CHILLI

Served with Tortilla crisps, homemade Guacamole, sour cream and grated cheese 12.95

SALMON FISHCAKE

Served on a bed of spinach with hollandaise sauce with minted Pea purée, fresh asparagus & topped with a Poached egg 13.95

Brunch 23 pp / Bottomless Prosecco Brunch 35 pp

Available in advance only. Ask your server for more details or call 01202 760795